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OTTAWA • TUESDAY, OCTOBER 21, 2008

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## Fire forces rural school to shut down

**BLAZE** A rural Ottawa elementary school closed for the day after a fire broke out yesterday morning, causing tens of thousands of dollars worth of damage.

At 6:46 a.m., Ottawa firefighters received a call to Munster Elementary School in the city's southwest end, where a fire was reported.

Forty-two firefighters with 21 apparatus attended the school on Bleeks Avenue, where it took them about an hour to put the fire out.

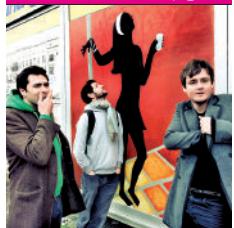
Firefighters said the blaze is not considered to be suspicious and is believed to have started accidentally in the baseboard heaters in one of the classrooms.

Although the fire only damaged a single classroom, it caused smoke damage to the rest of the building.

Firefighters remained at the scene for several hours afterward to ventilate the building.

TRACEY TONG/METRO OTTAWA

## Entertainment pg 12



## Keane fears crisis crunch

## News pg 7

Palin choice  
dogs McCain

## Sports pg 10

Oddsmakers  
favour Rays

## ShareYourViews

ottawaletters@metronews.ca

# Dion departing

Liberal leader to step aside after successor is named

**"I failed."**

**With those words,  
Stéphane Dion gave up  
the Liberal leadership, a  
prize hard-won less than  
two years ago and lost in  
the wake of the worst  
election results for the  
party in 20 years.**

Dion, who had been in seclusion since the Oct. 14 election that cost the Liberals 19 seats, was at times reflective, defiant and even a little emotional as he told a news con-

ference yesterday about his decision to step aside.

"In my consultations it became very clear that in the door-to-door (election) canvassing, my colleagues, my friends were told 'We don't like Dion your leader,'" Dion said bluntly.

Dion said he would remain leader until a replacement is chosen,

which may not happen until a party convention scheduled for May.

Dion, a former academic who defied expectations and seized the party's leadership in December, 2006, says his election hopes were sunk by the Conservatives' "massive" advertising onslaught against him personally and

against his carbon-tax-based Green Shift environmental policy.

Dion's decision sets in motion another leadership contest for the Liberals. Expected contenders such as Toronto MPs Bob Rae and Michael Ignatieff — who lost to Dion in the last race — paid tribute to him yesterday but were mum on their own political aspirations.

TORSTAR NEWS SERVICE



## Concert Coldplay rocks Scotiabank Place



ETIENNE RANGER/FOR METRO OTTAWA

Coldplay's Jonny Buckland, left, heats up on the guitar and Chris Martin belts it out on vocals as the world-renowned British band rocks the house for the thousands in attendance at Scotiabank Place last night.

## Canadian poverty levels soaring: Study

**ANALYSIS** Poverty and inequality rates in Canada have been on the rise since 1995 and are now higher than the average developed nation, according to a new study.

The income gap is growing throughout the developed world, but the gap between rich and poor in Canada widened more dramatically than in most countries between 1995 and 2005, ac-

### Possible reasons

- Canada spends less on cash transfers, such as unemployment and family benefits, than other OECD

countries and that may be one of the reasons the country fares worse than others, the report suggests.

cording to the report released in Paris today.

The 20-year analysis by the 30-member Organization for Economic Co-Operation and Development found only Germany saw

a similar rate of increase during the past 10 years.

"After 20 years of continuous decline, both inequality and poverty rates (in Canada) have increased rapidly in

past 10 years, now reaching levels above the OECD average," says the report.

As in other countries, more single-parent households and people living alone are contributing to income inequality in Canada. And wages for the rich are increasing, while they have been stagnating or dropping for middle and lower income workers, the report says.

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**Pumpkin Patrol is ready to roll for Halloween**

The Rogers Pumpkin Patrol kicks off its 24th annual safety program at Cambridge Public School today. Starting at dusk on Halloween, volunteers in red Rogers Cable vans will be out on Ottawa streets to keep a watchful eye on trick-or-treaters. **ROGERS PUMPKIN PATROL**

# Ottawa



## Sewage spill audit

City Auditor General Alain Lalonde will present reports from an audit of the 2006 sewage spill that dumped nearly a million cubic metres of raw waste into the Ottawa River at a city council meeting tomorrow. Earlier this month, the city was charged \$562,500 for the spill that went unreported for a year and a half. **CITY OF OTTAWA**

## New officers 'know policing'

TRACEY TONG  
tracey.tong@metronews.ca

### For Const. Ed Barry, joining the Ottawa police force was like coming home.

In many ways, Barry, who lived in the nation's capital for eight years as a child in the '70s, has come full circle. After spending six years as a constable with the Toronto Police, he's returned to make a difference on the streets of Ottawa.

"Toronto is a lot bigger than Ottawa, but I think its

problems are probably pretty similar," he said, citing gangs, traffic problems and drugs as issues in both cities.

Barry said moving to Ottawa will also bring the family closer to his wife's hometown of Kingston.

"I'm very glad to be here," he said. "My family is very happy."

The officer was one of 20 direct-entry police constables – experienced officers hired from other forces – sworn in to the Ottawa Police Service yesterday.

While many of the officers are originally from the

### Direct to patrol

- While new recruits can be put on the street within eight to 10 months, direct-entry officers are on the beat within weeks.

area, some went to school here and others married someone who was from the area, said Ottawa Police Chief Vern White.

Many of the officers were hired from the Greater Toronto area, including York Region, Durham Region and Toronto, but other

ers are from the Ontario Provincial Police, the RCMP or a Quebec police force, he said.

In any case, all bring experience with them. "They know policing," which will be an asset to the city, said White.

Const. Tremaine Samuels was a sergeant with the Peel Police with 22 years of service when he came to Ottawa, where his wife's family is from.

"We looked at the quality of life and relocating to Ottawa was better for the family," he said.

## Fresh spin on record sales wins EBay award

TIM WIECLAWSKI  
tim.wieclawski@metronews.ca

They're the type of guys you'd expect to see in a store that sells rare vinyl records — young, hip and shaggy music lovers.

But Pat McNally, 25, and Matt Oehmen, 23, don't work in a conventional record store. The pair sells records through an online store on EBay, and business is good.

So good, in fact, that the owners of Honest Red's Records were named EBay Canada's young entrepreneurs of the year.

A year ago, Oehmen came to Ottawa with a truckload of old records and no job. He had been doing online sales for a record store in Halifax, so to make some money, he began auctioning off his records.

His first sale, the Beatles' Abbey Road, sold for \$1,000, and the business grew from there. Now, they're averaging 100



Pat McNally, 25, at left, and Matt Oehmen, 23, were named EBay Canada's 2008 Young Entrepreneurs of the Year for their record business, Honest Red's Records.

records per month to buyers around the world.

"It's actually a lot of work," said McNally. "We spend a lot of time looking around for records."

"You have to be willing to just buy a whole stack and hope there's something

good in it," Oehmen added. "It's a lot like gambling."

Their recent award netted the duo \$2,000 in prize money, which Oehmen said they will use to augment their stock of 1,500 records and 1,000 45s.

Despite their success – or

maybe because of it – they have no plans to open a real store.

"Online is definitely the way to go. You don't have to pay rent. We store all our stuff in the basement. It's just way easier," Oehmen said.

## Farmers' market has less land in park plans

TIM WIECLAWSKI  
tim.wieclawski@metronews.ca

Operators of the Ottawa Farmers' Market are unimpressed with the sliver of space dedicated to them in a proposed redevelopment of Lansdowne Park.

Andy Terauds, president of the Ottawa Farmers' Market Association, said it seems the proponents of the Lansdowne Park redevelopment are only giving lip service to the market because it's fashionable, but do not intend to have a viable year-round market.

"They are trying to squeeze us into a very small space that we don't fit into already. We want to make sure that we have adequate space for the kind of things that people want. People want a vibrant market. Fifteen or 20 stalls doesn't do that," he said.

On Friday, a quartet of prominent businessmen unveiled their vision for a new Lansdowne Park,

### Sounds fishy

- The developers, who have dubbed their vision "Lansdowne Live," are proposing to turn the pavilion into a walk-through aquarium.

which included a 25,000-seat stadium, a hotel, condos, a restaurant and a market plaza that is a fraction of the place it occupies.

Although the proposal was formally submitted yesterday, there is still time to modify the original proposal, said Minto Group chairman Roger Greenberg. The proposal is only the second step in a long process, he said.

In the meantime, market vendors are worried about what will happen to their businesses.

"People wouldn't come out for a small market, not like they do for here," said Morrison's Fudge owner Dale Morrison, who has been a member of the market since it opened.

### News in brief

**BLAZE** A fire that broke out in a Bells Corners trailer park yesterday morning caused \$30,000 worth of damage. Firefighters were called to 12 Pacific Ave. at 7:22 a.m. and found a mobile home on fire. Twenty-nine firefighters with 10 vehicles, including seven trucks, attended the scene. It took about half an hour to put out the fire, which extended to the floor, walls and the ceiling. The fire caused about \$20,000 damage to the home and \$10,000 damage to the contents. The owners were not home at the time.

TRACEY TONG / METRO OTTAWA

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As the federal government works to draft regulations prohibiting the importation, sale and advertising of polycarbonate baby bottles that contain bisphenol A, Born Free Canada, of Vaughan, Ont., finds its products in high demand. The company says it's the only Canadian manufacturer of BPA-free baby bottles. **REUTERS**

# Canada

Feds to help Canadian banks compete

**ECONOMY** Finance Minister Jim Flaherty is set to announce measures this week to help domestic banks keep up with their foreign competitors, which are benefiting from government bailouts and guarantees.

Flaherty was en route to Ottawa yesterday to discuss

a series of options with officials in his department, a source familiar with the situation said.

An announcement should be made "sooner rather than later," he said, when asked if an announcement would come this week. **REUTERS**

## News in brief

**DELAYS** Air Canada suffered a computer glitch that prompted an unspecified number of flight delays across its Canadian network yesterday, a spokesman said.

**AIR SAFETY** Since March 5, 15 pilots at Toronto airports have complained that someone shined laser pointers at incoming or outgoing aircraft, blinding the pilots. **REUTERS**

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## Ontario to run deficit

Premier McGuinty says red ink will help province rebound

**Ontario will run a "temporary" budget deficit to protect social services and preserve infrastructure spending, Premier Dalton McGuinty says.**

McGuinty, taking part in a one-day meeting on the economy with Canada's provincial and territorial leaders, conceded that tomorrow's fall economic statement by Finance Minister Dwight Duncan would be awash in red ink.

"The advice that I've given to Dwight is, 'Don't run a deficit unless it would mean that we would cause further harm to our economy, and unless it would mean that we're going to cut back on public services,'" the premier told reporters yesterday.

"We've got 200,000 people who lost their job, so



Ontario Premier Dalton McGuinty talks with reporters before the Council of the Federation meeting yesterday in Montreal.

now I'm going to shut down their hospitals? It doesn't make any sense. Or cancel infrastructure programs that are an economic stimulus and that employ people?" he said.

"If you can, treat it as something that is tempo-

rary. It's accompanied by a plan that has you getting yourself out of a deficit position, then that's more of an acceptable deficit."

Ontario has had three straight balanced budgets since 2005-06.

**TORSTAR NEWS SERVICE**

## Residential school probe head resigns

**POWER STRUGGLE** The high-profile examination into the systemic abuse of aboriginal children at church-run residential schools

### Problem

- Chairman Harry LaForme cited an "incurable problem" as the reason for his resignation, saying the two commissioners working under him would not take his directions.

The Indian Residential Schools Truth and Reconciliation

Commission is supposed to listen to some of the 150,000 aborigines who were forced into residential schools, where many say they were abused.

**REUTERS**

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# Comment & Views

## Comment

### Dion deserves more time

#### National Report

Lawrence Martin



Stéphane Dion made a smart move yesterday — at least from his own point of view. Step down, yes. But not now.

Being the bizarre game that it is, politics produces many unpredictable twists. Minority governments can fall — quickly and unexpectedly. Remember Joe Clark's in 1979?

Staying on gives the Liberal leader that remote

possibility — another election. It gives him an opportunity, with an honourable performance over the next seven months, to improve his image.

The Liberals didn't have anyone in the wings who would have been an impressive interim leader. Paul Martin stepped down right away after being defeated in the 2006 campaign — and now regrets having done so. There was no hurry. His party would have fared much better in the interim under Mr. Martin than it did under Bill Graham.

Given his weak performance as captain of the team, Mr. Dion deserves much of the criticism he has received. But by historical standards, he deserves a little more time. Lester Pear-

**Mr. Dion's problem is that he has no palace guard. Most of the top players in the party want his job.**

son suffered a worse thrashing than him in the 1958 campaign. John Turner did worse in the 1984 campaign. And both stayed on.

Mr. Dion's problem is that he has no palace guard. Most of the top players in the party want his job. It's been an added problem ever since he took the reins.

Now all hell will break loose in the party in the scramble to succeed him. Bob Rae and Michael Ig-

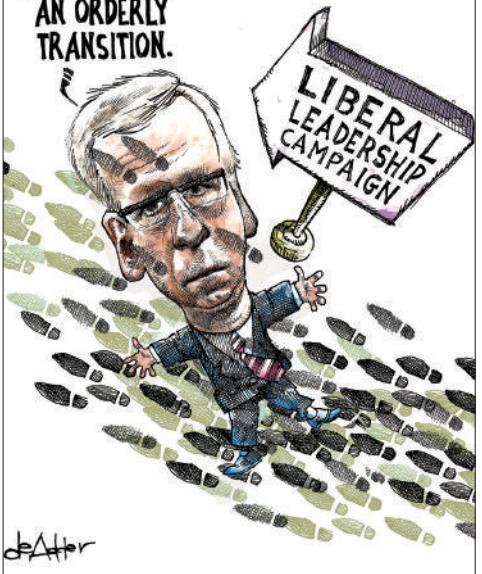
natieff start way out in front. They are both quality candidates.

Some want Frank McKenna to make a political comeback, but he would be wise to stay on the sidelines. He has been out of politics for more than a decade and is rusty. He has no experience at the federal level.

In Mr. Rae and Mr. Ignatieff the Liberals have two compelling candidates. Had they picked one of them the first time round they wouldn't have been in the predicament they find themselves in now. One of them might have been prime minister today.

Lawrence Martin is a Globe and Mail correspondent and author who writes about national affairs from Ottawa.

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**Sex shop body spreads tainted**

Chocolate-flavoured body spreads sold in British sex shops have been found to be tainted with melamine, the chemical that made thousands of babies ill in China, food safety authorities said yesterday. **REUTERS**

# World/Business

## McCain blasted for picking Palin

**With the U.S. financial crisis dominating voter concerns just two weeks before election day, Republican John McCain is facing renewed criticism for his choice of Sarah Palin as a vice-presidential running mate.**

Conservative commentators, late-night comedians and even retired Gen. Colin Powell have questioned the Arizona senator's judgment for putting the little-known Alaska governor on the White House ticket.

Palin, a mother of five whose staunch opposition to abortion rights has energized her party's base, is still drawing large crowds and bringing conser-



vative voters who were wary of McCain back to the Republican fold.

But crucial independents in must-win battleground states on Nov. 4 are having second thoughts, analysts say, after Palin's performance on the national stage failed to illustrate her readiness to take over the country's top job.

Powell, a Republican former secretary of state under President George W. Bush, cited McCain's shaky response to the financial crisis and his choice of Palin as one reason he crossed party lines to endorse Democrat Barack Obama.

REUTERS

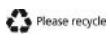
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### News in brief

**UFO** Two U.S. fighter planes were scrambled and ordered to shoot down an unidentified flying object (UFO) over the English countryside during the Cold War, according to secret files made public yesterday.

**CIGARETTES** Delegates from more than 150 countries met yesterday to push for a wide-ranging pact to curb the booming trade in cigarette smuggling.

REUTERS

### Business

#### Limited chance to clean emissions: Agency

The International Energy Agency says countries aren't doing enough to develop and deploy systems that capture emissions.

Nobuo Tanaka, executive director of the agency, put it bluntly: "The window of opportunity is closing."

In Canada, Alberta and

Saskatchewan are taking the lead on capture and storage, but even the most advanced project is still seven years away, at best.

The agency said if such projects are not implemented soon, their ability to cut gasses will be ineffective. **TORSTAR NEWS SERVICE**

### In brief

**ECONOMY** U.S. Federal Reserve chairman Ben Bernanke said he supports a second stimulus package to follow a \$100-billion tax rebate this summer.

**WIRELESS** Research in Motion shares fell 10 per cent as analysts said sales trends were weaker than hoped. **REUTERS**

## Wise Advice for Recessionary Times

Guest Editorial  
by James Ryder

OTTAWA — Many years ago a close family friend, who I called Uncle Ted, gave me the most valuable gift I've ever received. It's probably been worth tens of thousands of dollars to me.

He gave me the gift in 1989. I didn't use it right away, but within two years it was already worth thousands of dollars to me. I've pulled it out every few years since that time and it has served me well.

Uncle Ted was a very successful businessman. And he had this uncanny ability to prosper during bad times. I'd swear, the tougher the times got the more money he made. He loved recessions. Every time a recession started he'd get this sly smile on his face.

Have you figured out what the gift was? Was it a stock that increased in value? A piece of real estate that appreciated? A business that grew? No. It was none of those things.

**The gift Uncle Ted gave me was wisdom!**  
And you may have also figured out that his gift

was designed to be used during recessionary times.

Uncle Ted was a very practical man. He always got right to the point. He always encouraged questions as long as you did something. Uncle Ted's wisdom was actually very simple. He told me there are three things you should do at the first sign of a recession.

I call them "Uncle Ted's Three Rules." Here they are:

#### Uncle Ted's Rule #1 – Manage your cash flow.

— This rule is pretty straight forward. Uncle Ted pulled no punches when it came to cash flow. "All you have to do is spend less than you make and use the difference to pay your debts. It ain't rocket science," he would say. "If it means you eat macaroni and cheese for a few months, then so be it!"

#### Uncle Ted's Rule #2 – Get educated.

To Uncle Ted that meant one thing: learn about business. "The best time to start a business in when everyone else is too scared to do it. But you've got to learn which businesses will survive and even prosper during a recession and which ones to avoid. Talk to

successful business owners, observe which businesses prosper, attend workshops and ask a lot of questions."

**Uncle Ted's Rule #3 – Start a business.** "I don't care if you do it part-time or full-time. I don't care if you make \$500 a month or \$50,000 a month... just do it," he would say. "When other businesses are closing because of the recession, start a lean and mean business that takes advantage of the recession."

I've applied "Uncle Ted's Three Rules" in every recession since 1991. As simple as the rules are, they work!

In recent years, Uncle Ted believed the Internet was one of the best places to start a business. "Just make sure you get advice from someone who's actually making money from the Internet," he would tell me.

In these uncertain times, I'm applying his rules yet again. I can almost hear Uncle Ted saying to me right now, "Hang on to your hat James, this is gonna be a good one."

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— Sharon Lewis

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## SmartCookies



smartcookies.com

In recent weeks it's been hard to avoid being inundated by information about the economy and stock market. If you have found yourself in the middle of a conversation and feeling totally out of the loop about stocks, bonds and mutual funds, we are here to simplify the world of investing using an analogy most of us can understand — our wardrobes!

Let's begin with the basics — if we compare investments to clothing, bonds would be the fundamental (though kind of boring) necessity that you build your wardrobe on. For example, a plain white

button-down or a pair of straight-leg jeans.

Bonds are issued by companies and municipal, provincial and federal governments. In exchange for you lending them money, they issue a bond that promises to pay you back your money in the future plus interest. Bonds are much less risky than stocks.

Stocks, on the other hand, would be the more trendy add-ons that may seem a bit more risqué — but also have a lot to offer and are somewhat sexy.

When you buy a stock, you buy a part of a business. As the value of the business or company fluctuates, the value of the owner's "share" also increases or decreases.

Of course, some companies are riskier than others. If you choose to invest your money in a blue chip company (a company that

# A financial 'wardrobe'

is well-established and well-respected) — as opposed to a newly public company — you may make less money in the end, but the risk of losing money is not as great.

Last, we have mutual funds. Mutual funds represent what your closet should look like: A balance of basics that you can count on, mixed with other pieces you're betting will enhance the overall worth of your wardrobe (although there is a risk that they may not).

So, if one piece drops out of fashion, or decreases in value, you still have many others to offset the loss.

Mutual funds offer you an opportunity to contribute money into a pool with other investors to purchase large amounts of stocks, bonds or both. You invest in a fund, run by a professional, who buys shares or stock or bonds.

Mutual funds offer some unique advantages. As mentioned, these funds are comprised of both stocks and bonds, so through diversifying your investment, you lower your risk.

Also, as a general rule, you are able to sell shares quickly if you are in need of some cash. Lastly, there is a professional overseeing your investments.

For more information on investing, check out our new book *Smart Cookies Guide to Making More Dough*, on sale in book stores this month and visit [smartcookies.com](http://smartcookies.com) for more on living your richest life. If you have questions or comments for the Smart Cookies, e-mail [smartcookies@metronews.ca](mailto:smartcookies@metronews.ca).

Tune in Wednesday night at 9 p.m. EST/PST on the W Network and be sure to visit [smartcookies.com](http://smartcookies.com) for more tips.

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business **9**

## Your Money

## Survival of the small business

## MoneyMatters

**Henry  
Choo  
Chong**

choochonghcg@yahoo.ca

**Q** I operate a small retail home furnishing store and a warehouse that supplies other small stores. I have reduced inventory at both locations and have mounted an advertising campaign. What other steps can I take to ensure the viability of my business? **Kim**

**A** Many small businesses must develop strategies to ensure the survival of their business in the event of an economic downturn in Canada. These are not times for "business as usual."

**Cash Flows:** No business stays afloat without a continuing cash flow. Review your credit policies and those of suppliers.

**Sales:**

Continue to attract new customers, however do not ignore your existing client base. Where else can you receive better references? It is also cheaper.

**Cost:**

Fixed costs do not change with the economic climate. Pay closer attention to managing other costs.

**Employees:**

Treat them right. They can make or break a business.

Henry Choo Chong, CGA, provides professional accounting and taxation solutions: choochonghcg@yahoo.ca

## Investing

**Allan  
Small**

Have we hit rock bottom in the markets? Read this week's column at metronews.ca.



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Ottawa 67's coach Brian Kilrea coached in his 2,100th CHL game Sunday, a 6-2 win over the Sault Ste. Marie Greyhounds. Kilrea, already the Canadian Hockey League record holder for most wins as a coach, added to that total with victory No. 1,59. METRO NEWS SERVICES

# Sports

SPORTS@METRONEWS.CA

## Sports in brief

**NFL** Suspended Dallas Cowboys cornerback Adam (Pacman) Jones has entered an alcohol treatment facility. The

troubled player has checked into a facility, Cowboys owner Jerry Jones said Monday. The league suspended Adam Jones

for at least four games last Tuesday for again violating its personal conduct policy.

METRO NEWS SERVICES

## Heavyweight franchises unite over food

The Dallas Cowboys and New York Yankees are forming a company to handle concession and merchandise sales at their new stadiums. Former Pizza Hut president Michael Rawlings will serve as CEO. Each club will move into a new stadium next year, and Cowboys and Yankees officials said at a news conference yesterday that the company will allow them to provide better food options for fans. THE ASSOCIATED PRESS



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## Vegas seeing more than just Ray of hope

### YorkReport

**Marty York**

marty.york@metronews.ca

The Tampa Bay Rays, whose worst-to-first ascent ranks as baseball's story of the year (and maybe the century), have been established as relatively heavy favourites to win the 2008 World Series.

Oddsmakers have decided bettors must lay \$1.50 on the Rays to win a dollar and stand to collect \$1.30 on every dollar they place on the underdog Philadelphia Phillies.

The Rays are favoured largely because they have home-dome advantage in the seven-game Series, which opens in Tampa tomorrow night. Interestingly, the Rays seized the home advantage for the Series when one of their pitchers, **Scott Kazmir**, won the All-Star Game for the AL back

7

- The number of home runs hit by Tampa Bay outfielder B.J. Upton in the postseason. He's the first player to hit seven playoff homers after posting fewer than 10 in the regular season.

in July. Advice: Take Philly. The Phils' lineup is stacked with more prolific and more experienced batters than Tampa's and they have an almost-unhittable closer in **Brad Lidge**.

Some oddsmakers also have put out a line on the Series' prospective television ratings — and they're suggesting viewership will be extremely low.

Last year's Series — a four-game sweep by the Boston Red Sox over the Colorado Rockies — drew the second-lowest ratings in Series history with a 10.6 share. The over/under for this Series is a 10.2 share. Visit BetOnline.com for details.

• If you're human, you're rooting for the Rays' **Rocco Baldelli**, who delivered the most important hit in his team's history — the game winner in the AL Championship Series against Boston Sunday night. Baldelli suffers from a mitochondrial disorder that leaves him easily exhausted and could, after the Series, end his career.

"Every single thing I used to do on the field, I used to do hard," Baldelli told me earlier this season. "I can't go hard any more."

In fact, Baldelli couldn't finish Sunday's game after becoming weary. He was replaced in the seventh inning by ex-Blue Jay **Gabe Gross**.

• Still smarting from



The Rays' **Rocco Baldelli** suffers from a career-threatening mitochondrial disorder.

their ALCS loss, the Bosox are aiming to fortify their pitching, offering a package of prospects and cash to San Diego for ace **Jake Peavy**, whom the Padres have deemed expendable ... The Bosox also hope to reacquire free-agent-to-be **Derek Lowe**. The Jays also covet Lowe, who isn't interested in returning to the Los Angeles Dodgers.

Also likely to leave the Dodgers as a free agent is outfielder **Manny Ramirez**, who said: "I want to see who is the highest bidder. The price of gas is up and so is my price." Two notable names who've applied to become the Milwaukee Brewers' new manager: **Willie Randolph** and **Paul Molitor** ... And expect this soon: The engagement of **Alex Rodriguez** and **Madonna**.

Marty York has been a groundbreaking sports columnist and broadcaster in Canada for decades.

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Steve Carell is reportedly in talks to resurrect the work of late comic Peter Sellers. Carell is said to be negotiating a deal to remake 1967 film *The Bobo*, which originally starred Sellers and Britt Ekland, with himself in the lead role. [IMDB.COM](http://IMDB.COM)

# Entertainment

EDITOR: TINA COSTANZA, [TINA.COSTANZA@METRONEWS.CA](mailto:TINA.COSTANZA@METRONEWS.CA)

## Perfect storm

Keane album drops as financial crisis hits

BRYAN BORZYKOWSKI  
for Metro Canada

**It's tough to imagine that America's crumbling economy would affect a giant rock band like Keane, but even they're worried that people will forgo buying their new disc and download it for free instead.**

"As the group's drummer I think people should pay for music," says the London-based trio's beat keeper Richard Hughes. "But I understand that some people won't be able to afford it."

"It's a bit like Barack Obama when he says health care is a right, not a privilege. Well, music is a right and I'd rather people hear that than not."

The fact that the world's love of excess and overspending is coming to a shocking halt right as the band release third album, *Perfect Symmetry*, is an odd coincidence, since the new music touches on these themes.

"The record is about this kind of stuff," he says. "We know we're pissing away billions of pounds on bombs and guns and warships. We should be building better hospitals and homes for the people who walk around London that don't have homes."

While lyrics such as "maybe you find, life is unkind and over so soon, there is no golden gate, there's no heaven waiting for you," from the title

track is dark, the music is anything but. In fact, Keane have transformed themselves from a brooding, piano-driven band into upbeat '80s rockers.

Hughes says Keane is just trying new things. "We've always loved bands that surprise you with their next record," he says, citing David Bowie, Talking Heads and Depeche Mode as influences. "Take Radiohead. They're always trying to do something bolder and different each time. It's difficult to do, but once you establish yourself you can do it and it gives you total freedom."

While it's important to note the new tools in the band's musical arsenal, you can't help but listen to



**Perfect Symmetry**, the new album from Keane, is now available.

the album and think of the elephant that's still in the room: singer Tom Chaplin's addiction.

The singer went to rehab in August 2006 to kick an alleged drug habit that made recording their last album, *Under The Iron Sea*, extremely difficult. The band avoided the topic on the new disc, because to them the story is old news.

"It's all over the music on the second album," admits

Hughes. "It was a very dark record, and by now it feels like ancient history."

During the most trying times of Chaplin's addiction, Hughes wasn't sure the band would continue on. But they have, which might explain the happier sounds emanating from the new disc. "We enjoy playing together again," he says. "It was as if we broke down, got fixed and then we were sent on our way."

## Bourne again

Matt Damon is to star in a fourth Bourne movie. The actor is reportedly set to return to the role of the amnesiac spy Jason Bourne, with director Paul Greengrass again at the helm. [FEMALEFIRST.CO.UK](http://FEMALEFIRST.CO.UK)

## Fashion critic Mr. Blackwell dies: Reports

**PEOPLE** Mr. Blackwell, the fashion maven whose annual "worst-dressed" list could be the bane of Hollywood celebrities, has died at age 86, according to reports.

Richard Blackwell, born Richard Selzer, had been in failing health for some time and in August was reported to be in a coma after a fall at his Los Angeles home. The Los Angeles Times quoted his publicist as saying the former actor and designer died Sunday in hospital.

Blackwell issued his "worst-dressed" list for 48 years and it became watched around the world. Last year he put Victoria Beckham at the top of his list, saying: "...in one skinny-mini monstrosity after another, pouty 'Posh' Beckham can really wreck-em."

REUTERS



## George goes green

JIM REYNO  
Metro Canada



**Do you have the time, ability and resolve to do one million things to help the environment? Probably not. But surely, you have the time, ability and resolve to do just one.**

That's the point of One Million Acts of Green — a nationwide environmental campaign that kicks off tonight on CBC TV's *The Hour* with George Stroumboulopoulos.

"It's not about changing the world, it's about people changing their world," Stroumboulopoulos said in an interview in his office. "This is for the people who would actually like to do something. That's it. This isn't about changing attitudes."

Here's how it works. All you have to do is commit one "green" act (or more) and register on the One Million Acts of Green website ([onemillionactsofgreen.com](http://onemillionactsofgreen.com)). The site launch will coincide with *The Hour* broadcast at 11 p.m. local time tonight.

The idea is to get at least one green act from each individual, amassing to a million. Once you've registered your act, you can see the positive effect you're having by using the green calculator designed by GreenNexxus.

"There's a carbon calculator, so you'll see the impact," he said. "You actually have a takeaway value, so you know what you've done."

What's a green act? It's switching to compact, fluorescent light bulbs. It's walking or biking to work. It's buying locally grown organic food instead of prepackaged, products that are bad for the environment.

"It's turning off the water when you're brushing your teeth," he suggested. "That, actually, I believe, has a bigger impact than a lot of the stuff that people would think of doing."

Stroumboulopoulos said the website will be the "hub" of the One Million Acts of Green campaign.

"You can come to this portal and we'll show you a couple of the easy ways where you can participate, and then commit an act," he said.

One Million Acts of Green will run over *The Hour*'s entire season, through June. "I think we can get it done by spring," he said about hitting the one million mark.

"We have reached out of all of the communities, school boards, provinces. We've reached out to so many people, and the reaction has been remarkable."



## entertainment 13

## What of Mad Men's fate?

## WANTED — A FEW GOOD MEN

With barely a week left before the season finale of *Mad Men*, we've been reassured that the show has been renewed for a third season, though whether series creator Matt Weiner or any of the lead actors will be coming back is still up in the air.

According to a Fox News story, AMC and Lionsgate, the show's network home and producers respectively, are frantically negotiating to get Weiner on board for season three, which is probably a big part of any deal they'll have to make with Jon Hamm, John Slattery, or the rest of the show's cast, none of whom apparently signed up past two seasons of what, back before it hit the air, was probably a neat but iffy-looking project.

"Hamm in particular poses a problem since he's turned into a huge breakout star," the Fox News story speculates. "If *Mad Men* ended right now, the 36-year-old actor could go to movies and easily become the next George Clooney."

The latter sounds like a bit of a stretch; though

## IntelleVision

**Rick McGinnis**

rick.mcginnis@metronews.ca

Hamm has ably inhabited the enigma that is *Mad Men*'s Don Draper — this past Sunday's episode certainly proved that — and is an undeniable factor in the show's success, there's no reason to believe his transition to the big screen is a sure thing.

The Fox News story probably had it right, however, when they stated that renegotiating Hamm's contract is "going to cost them more than they've probably ever paid for anything."

The same goes for Weiner, though it might be overreacting to imagine the odds are decent that AMC will come up short and end up sending Lionsgate to talk to another network — such as HBO, for instance, who would "pay just about anything to take it given their disappointing schedule right now."

This might be undeniably true, but it just sounds like wishful thinking overall. HBO legendarily turned down the show before Weiner, a writer on HBO's *The Sopranos*, took it to AMC, who were looking to get into the drama market.

Acquiring *Mad Men* might give HBO its mojo back, though it might just as easily make the once-untouchable quality cable leader look like it's been reduced to taking an upstart network's sloppy seconds.

In any case, it's unlikely that AMC will give up the show that easily, and fall back on *Breaking Bad* as its marquee title, especially after the money they've invested in promoting the show over the summer.

I've despaired about the return of *Mad Men* for a third season before, but its survival has never looked more certain, even despite contingencies such as the (always reliable) greed of agents with the upper hand.

Rick McGinnis writes about music, movies, books and television, but not opera.

## DVD pick

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	208	303	8	CBC	Coronation St.	Jeopardy! (N)	Rick Mercer 22 Minutes	The Tudors	Law & Order: SVU	News (N)			
	-	-	360	9	NBC	Wheel-Fortune	Jeopardy! (N)	The Biggest Loser: Families (N)	La Promesse (SC)	TVA 22 heures (10:45) Denis Lévesque	News (N)		
	117	713	10	TVA	Occupation	Vidéos	Histoires-filmes Caméra café	La Verité choc	Cent dix pour cent (SC)	Loft Story			
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	406	417	27	net	Boxing	Jelena Mirkovic vs. Lakaysha Williams.	Grandes reportages (SC)	Best Damn Sports Show	Sportsnet Connected (Live)	Hockey Central			
	126	730	28	RDI	24 Heures en 60 minutes	Grands reportages (SC)	Le Téléjournal (SC)	Le Téléjournal (SC)	RDI en direct sur l'économie	Le Téléjournal			
	400	280	30	TSN	NHL Hockey	Anahiem Ducks at Toronto Maple Leafs (HDTV) (Live)	NHL Hockey Washington Capitals at Calgary Flames.						
	410	403	52	SCR	Cabby Unlimt	Stump-Schwab	World Series of Poker	Poker: Canadian Open	Score Tonight	Hockey Talk			
	411	457	56	OLN	Amazing Race	Videos	Survivorman	Angry Planet	Flying Doctor	Which Way to... "Luxor"	Pilot Guides		
	417	406	59	SC	Pinks (HDTV)	Pass Time	Unique Whips	Low Life	SuperCars	Super Bikes!	Pinks		
	554	544	48	TEL	Grind Ad	Ghosts-Scooby	Ghosts-Scooby	Total Drama	Futurama	American Dad	Robot Chicken	Rick & Steve	
	557	540	51	FAM	Wizards-Place	That's-Raven	Zack & Cody	Natural-Sadie	Life Derek	Robot Chicken	Robot Chicken	Zack & Cody	
	551	542	65	YTV	Malcolm-Mid.	Home Improve.	Malcolm-Mid.	Sabrina-Witch	Futurama	Prank Patrol	Mystery Hnt.	Adrenaline Proj.	
	570	580	29	MM	mmtopp	Where You At	MuchMoreMusic Live	Listed	Mystery Hnt.	Mystery Hnt.	Mystery Hnt.	Mystery Hnt.	
	615	520	31	A&E	The First 48 (HDTV)	The First 48	The First 48 (HDTV)	The First 48 (HDTV)	The Rookies	The Rookies	The Rookies	Jacked: Theft	
	628	584	32	SPKE	(6) Star Wars VI: Return of the Jedi (1983, Science Fiction)	A New Face For Marlie	Scream 2008 (HDTV) Celebration of creative talent. (N)	Mystery Diagnosis	Dr. G: Medical Examiner	Face-Marlie			
	521	561	34	TLC	That's Gotta Hurt (HDTV)	Pékin express: la route de l'Himalaya	Humanima	Les Champions de la nature	Les Champions de la nature	Journal TV5			
	145	761	35	TVS	Toute une histoire	The Best Years (DVS)	Testees	Trailer Park	The Shield	House			
	616	512	39	SHO	About a Girl	About a Girl	Humanima	Les Champions de la nature	Les Champions de la nature	Journal TV5			
	620	523	40	BVO	Desperate Housewives	Live at the Rehearsal Hall	Road to Baley	Rockabilly 514	Rockabilly 514	Law & Order			
	502	505	42	DIS	Daily Planet (N)	How It's Made	Destroyed	Destroyed	Mighty Ships	Daily Planet			
	575	583	43	CMT	Canada Countdown	Home Improve.	Home Improve.	Reba	Reba	Hope & Faith	Hope & Faith	Cheerleader	
	601	562	45	SLC	End of Leash	ET Canada	Wedding SOS	In Laws	Rich Bride, Poor Bride	Tori & Dean: Home	Wedding SOS		
	625	548	46	CIM	Air Farce	Just for Laughs	Corner Gas	The Simpsons	South Park	S. Silverman	Fit-Conchords	Daily Show	
	294	529	47	TBS	House-Payne	House-Payne	Set It Off *** (1996, Action) Jada Pinkett.		Dream Makers	Dream Makers	Family Guy		
	600	564	49	H&G	House Hunters	Property Virgin	Pure Design Style	Sarah's House Design Inc.	Colin & Justin's Home Heist	Holmes-Homes			
	627	528	50	SPC	Lost	Star Trek: Next Gener.	Battlestar Galactica	Rabbit Fall	The Circuit	Stargate SG-1			
	581	566	53	MTV	Busted-Girls	After	MTV News	Cribs	Paris Hilton's My New BFF	Paris Hilton's My New BFF (N)	MTV Live		
	618	524	57	YTV	Beverly Hills, 90210	Planet Soap	What Happen?	Family Guy	Seinfeld	King	Family Guy		
	522	506	55	HIS	NCIS "Bete Noir"	Outlaw Bikers	Ax Men	NCIS "Bete Noir"	Seinfeld	King	Family Guy		
	129	774	60	CD	Biographies "Matt Damon"	Mayday (HDTV)	Images-chocs	On tue si proche (HDTV)	NCIS "Bete Noir"	Crime Stories			
	261	394	61	V	Murder, She Wrote	Bless-Father	On the Buses	Quantum Leap	NCIS "Bete Noir"	Crime Stories			
	602	567	62	W	Will & Grace	Friends	Three Fat Brides	Style by Jury	How to Look Good Naked	How to Look Good Naked	Mixed Out		
	269	350	65	APTN	Wings-Canada	Great Towns	Wapos Bay	Rez Rides	Fish Out of Water	First Nation	Rabbit Fall	Moccasin Flats	
	621	527	71	TLK	The Ellen DeGeneres Show	TMZ (N)	etalk	Images-chocs	On tue si proche (HDTV)	Docu-D (HDTV)			
	603	561	95	FN	The Main	Chef at Home	Restaurant Makeover	The F Word Food and fertility.	NCIS "Bete Noir"	Crime Stories			
									Chef School	At the Table	Restaurant		



l'éducation est un droit!

Education is a right!

À bas les frais

Human Rights Monument

(corner of Elgin and Laurier)

Depuis le dégel des frais de scolarité imposé par Dalton McGuinty en 2006, ceux-ci augmenteront jusqu'à 36%. L'Ontario deviendra la province où l'éducation post secondaire sera la plus coûteuse au pays.

L'éducation est un droit. À bas les frais

[www.abaslesfrais.ca](http://www.abaslesfrais.ca)

Since Dalton McGuinty lifted the tuition fee freeze in 2006, fees are set to increase up to 36%. This will make Ontario the most expensive province to get a post-secondary education in the country.

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TUITION FEES

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Mother-of-six actress Angelina Jolie will reportedly quit acting as soon as it starts to affect her role as a parent. "As long as I can be with my family, it's fun," she said. [IMDB.COM](http://IMDB.COM)

**Jolie talks motherhood**

## Celebrity Buzz

# Madge to stay in London

**BREAKUP** Madonna has vowed to stay in London despite the breakup of her marriage, [femalefirst.co.uk](http://femalefirst.co.uk) reports.

The singer was expected to return to the United States after the breakdown of her nearly eight-year marriage to director Guy Ritchie, but reportedly wants to remain in London for the sake of the three children they raise together: Lourdes, 12, Rocco, 8, and David, 3.

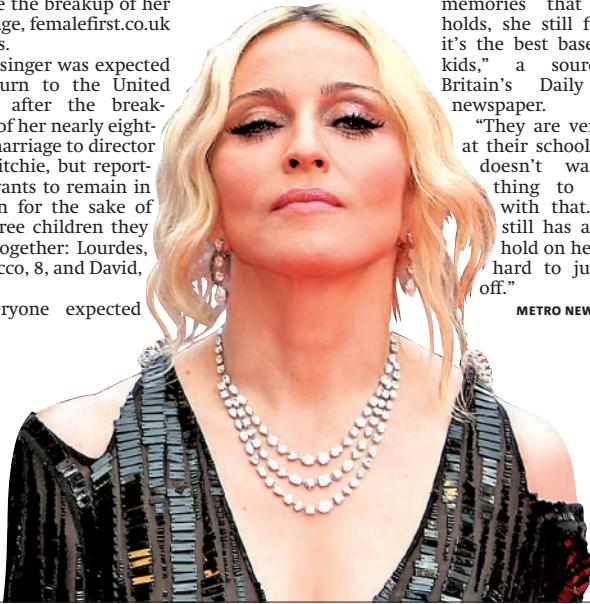
"Everyone expected

Madonna to go and live in New York, taking the chil-

dren with her. But despite some of the unhappy memories that London holds, she still feels that it's the best base for the kids," a source told Britain's Daily Mirror newspaper.

"They are very happy at their school and she doesn't want anything to interfere with that. London still has a massive hold on her and it's hard to just shake off."

METRO NEWS SERVICES



# Mayer writes love song to woo Aniston back

**RELATIONSHIPS** John Mayer reportedly wooed actress Jennifer Aniston back by writing her a love song, [femalefirst.co.uk](http://femalefirst.co.uk) reports.

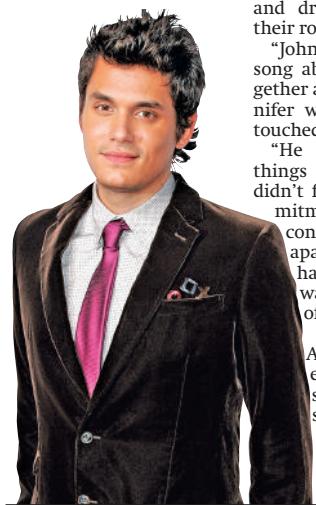
The singer, who called off his three-month relationship with Aniston in August, also reportedly promised to quit smoking and drinking to cement their romance.

"John has even written a song about their time together and played it to Jennifer who was incredibly touched," a source says.

"He initially called things off because he didn't feel ready for commitment. But after a considerable time apart, his priorities have changed and he wants to make a go of things."

After their split Aniston was reportedly so devastated she refused to speak to him.

METRO NEWS SERVICES



# Kidman a rancher at heart

**PEOPLE** Actress Nicole Kidman has purchased a cattle ranch in Australia after she learned how to be a cowgirl while shooting her new movie, [imdb.com](http://imdb.com) reports.

The Oscar-winner stars alongside Hugh Jackman in new film Australia, and had to herd cows for her role in the film.

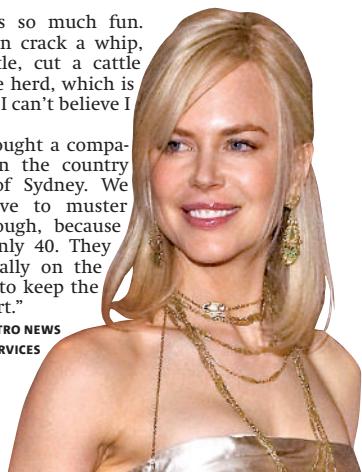
Kidman insists that despite her initial reservations about the gruelling stunts, she now loves the lifestyle so much she has bought her own ranch.

"I was terrified beforehand," she says. "I even had to learn how to cut cattle. But once you mas-

ter it it's so much fun. Now I can crack a whip, herd cattle, cut a cattle out of the herd, which is amazing. I can't believe I can do it."

"I've bought a company out in the country outside of Sydney. We don't have to muster them though, because there's only 40. They are basically on the property to keep the grass short."

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## celebrity briefs

### Like mother, like daughter

**PARENTING** Tom Cruise and Katie Holmes' two-year-old daughter Suri has her own dressing room at the New York theatre where Holmes is making her Broadway debut, [imdb.com](http://imdb.com) reports.

Holmes is combining her run in Arthur Miller's All My Sons with her role as a mom, and has kitted out a room backstage at the Gerald Schoenfeld Theatre, so Suri is never bored.

"It's a great schedule, because (Suri and I) get to spend the whole day together and then I go and do the play. Then I come home and we play some

more," Holmes says.

"We have a dressing room that is transformed into a playroom. It has a little piano."

METRO NEWS SERVICES



## celebrity briefs

### Stone speaks out about ageism

**AGING** Turning 40 was a big deal for Sharon Stone because suddenly movie roles and freebies reportedly dried up, [imdb.com](http://imdb.com) reports. The actress admits she was looking forward to becoming a 40-something back in 1998, but ageist attitudes to Hollywood stars left her floored. "I thought ... I'm fantastic and sexy and amazing," she tells More magazine. "(But) it was like 'You have leprosy.' I couldn't get a dress or a job."

She bounced back with acclaimed roles in the movies Casino, Broken Flowers and Bobby, and turned 50 this year.

METRO NEWS SERVICES

### Craig got 007 news while shopping

**CASTING** Daniel Craig discovered he'd be taking over from Pierce Brosnan as superspy James Bond while grocery shopping in Baltimore, Md., [imdb.com](http://imdb.com) reports.

The actor was in a Whole Foods supermarket when Bond producer Barbara Broccoli called to tell him he was the next 007.

"She went, 'Over to you kiddo,' so I put down the groceries, went straight into the liquor store, bought a bottle of vodka and got smashed," he reportedly said.



A portion of proceeds from these specials will benefit:



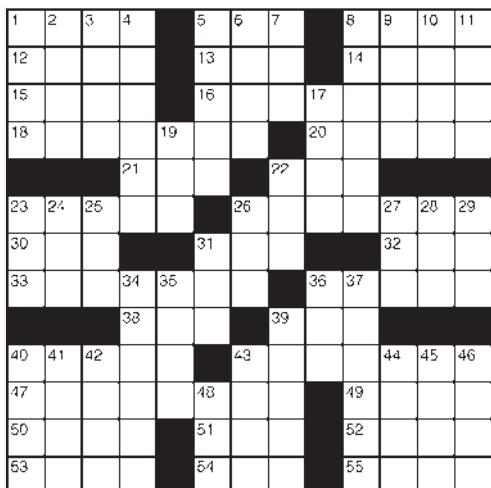
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## Take Five



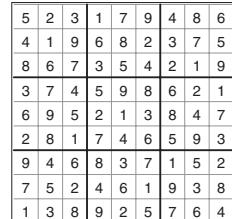
### Crossword across

1 Body powder 32 Raw rock  
 5 Heart chart (Abbr.) 33 KFC colonel  
 8 Heavy reading 36 Stick in the mud?  
 12 — friendly 38 Whatever number  
 13 That woman 39 Old New Zealand bird  
 14 Mimic 40 "A Bell for —"  
 15 Boyfriend 43 Summer footwear  
 16 Lincoln biographer 47 Dagwood's specialty  
 18 Bedtime visitor 49 Coagulate  
 20 Facilitates 50 "American —"  
 21 Parched 51 West of Hollywood  
 22 Way out there 52 — Named Sue"  
 23 Approves 53 Top-rated  
 26 Happy Gilmore portrayer 54 Schedule abbr.  
 30 Lair 55 Window sheet  
 31 Bushy-tailed critter

### Crossword down

1 Vats 22 Transmit 39 "Real Time"  
 2 Cruising quickly moderator  
 3 Tilt 23 — bodkins!" 40 Europe's  
 4 Gunk 24 Mauna — neighbor  
 5 English homework, maybe 25 Raggedy doll 41 Pedestal part  
 6 "Star Trek II" 26 "Mayday!" 42 In due time  
 villain 27 High shot 43 Cicatrix  
 7 Army bigwig 28 Before 44 Actress Jessica  
 (Abbr.) 29 Scarlet 45 Symbol of  
 8 Knight's tunic 31 Sauté craziness  
 9 Piece of work 34 Bounce play-  
 10 Unembellished 35 Sufficient, in  
 11 Work units 36 A billion years 46 Eyelid woe  
 17 College boss 37 Wild and 48 — little  
 19 "Doubtfire" 38 crazy teapot..."

### PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

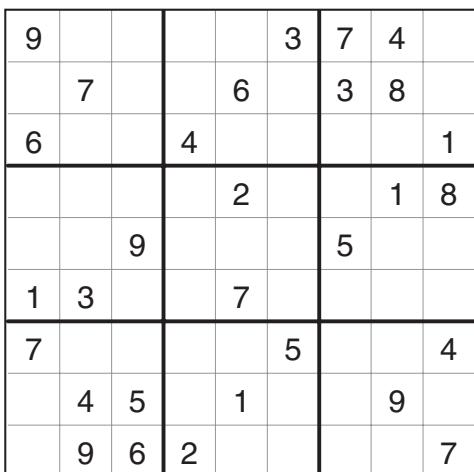


Find today's answers + play more games at [metronews.ca](http://metronews.ca)

**SUDOKU SOLVE TIME:** 17-21 min .....Smart  
 Under 13 min .....Genius  
 13-17 min .....Scholar  
 21-25 min .....Not bad  
 25+ min .....Keep practising

### Sudoku

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



### Horoscopes

**ARIES**  
**MARCH 21-APRIL 20**

Heed the tidbits heard through the grapevine. A secret love will come to your attention. Promote your concepts for an ambitious project.

**LIBRA**  
**SEPT 23-OCT 23**

A sweetheart will make the usual excuses. A secretive buddy is in awe of you. Don't laugh if a woman takes the lead at a rendezvous.

**TAURUS**  
**APRIL 21-MAY 21**

A relationship is due to take place. Brilliant ideas will justify an emotional roller coaster. Outlandish antics can give you some relief.

**SCORPIO**  
**OCT 24-NOV 22**

Hostility decreases after chaotic events. Get down to business with a realistic budget. A necessary encounter is fated to work for the best.

**GEMINI**  
**MAY 22-JUNE 21**

Travel through time to find your happiness. A sweetheart's friend will share good news. Someone will be grateful for a romantic encounter.

**SAGITTARIUS**  
**NOV 23-DEC 21**

Something is wrong with an interesting visitor. A man pays the price for an unpopular decision. Be direct with your loved ones.

**CANCER**  
**JUNE 22-JULY 22**

Pay the bills to get emotional security. Remain calm when suspicion causes fear. Talking gibberish isn't a good idea.

**CAPRICORN**  
**DEC 22-JAN 20**

Restlessness will reveal a lack of knowledge. Give the gift of time to a child. Be sure of your facts before speaking.

**LEO**  
**JULY 23-AUG 23**

An eccentric is shrewdly successful. An admirer makes a dreadful mistake. Make a promise to agree with a loner.

**AQUARIUS**  
**JAN 21-FEB 18**

Ridiculous restrictions will dissolve effortlessly. Somebody's anger will not wreck the day. An absentminded playmate runs into an old flame.

**VIRGO**  
**AUG 24-SEPT 22**

A companion's wrongdoing creates a fuss. A challenger goes astray before making an announcement. An elder has crucial information.

**PISCES**  
**FEB 19-MARCH 20**

You can expect approval from a fortune-hunter. A prankster has an unexpected decision to make. Loyalty leads to caution in the night.



### This day in history

OCT. 21, 1879: Using a filament of carbonized thread, Thomas Edison tests the first practical electric incandescent light bulb (it lasted 13½ hours before burning out).  
 OCT. 21, 1945: Women are allowed to vote in France for the first time.  
 OCT. 21, 1967: Vietnam War: More than 100,000 war protesters gather in Washington, D.C. A peaceful rally at the Lincoln Memorial is followed by a march to the Pentagon and clashes with soldiers (event lasts until October 23; 683 people were arrested). Similar demonstrations occurred simultaneously in Japan and Western Europe.

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## JOB CONNECT

Job Search Centre, 71 Bank St., 5th Floor  
 Call (613) 232-0022

### Job Fair

Wednesday, Oct 22nd,  
 11am - 3pm at the

Job Search Centre  
 71 Bank St., 5th Floor

St. Lawrence

EMPLOYMENT  
ONTARIO

### Recipe of the day



### Beef Waldorf

#### INGREDIENTS:

10 oz (300 g) beef tenderloin, trimmed of fat, cut into 2 fillets  
 ¾ in. (2 cm) thick  
 ¼ tsp (1 mL) olive oil  
 1 cup (250 mL) radishes, thinly sliced  
 3 carrots, grated  
 1 small yellow pepper, seeded and cut into thin rings  
 3 celery stalks, sliced diagonally  
 3 scallions, sliced diagonally  
 2 tbsp (25 mL) chopped walnuts  
 1/2 cup (125 mL) raisins  
 2 small apples  
 2 tsp (10 mL) lemon juice  
 2 cups (500 mL) arugula leaves or other salad greens  
 Salt and pepper

#### DRESSING:

2 tbsp (25 mL) grainy mustard  
 3 tbsp (45 mL) light mayonnaise  
 3 tbsp (45 mL) plain low-fat yogurt

SERVES 4

**rd.ca**

For nutritional information on this and other great recipes, go to [rd.ca](http://rd.ca) or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



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